A WOMEN’S GUIDE TO HEALTHCARE IN NY PROVIDES A LISTING OF HEALTH SERVICES AVAILABLE TO WOMEN & CHILDREN, INCLUDING FAMILIES OF MODEST INCOME.

The healthcare services listed in this brochure are provided at Federally Qualified Health Centers (FQHC). FQHCs accept Medicaid and Medicare, offer health insurance support including assistance with insurance applications. FQHCs also offer language translation services. Free pregnancy testing, walk-in appointments, weekend, evening or early morning hours may be available.

FEMINISTS FOR NONVIOLENT CHOICES
WWW.FFNVC.ORG
PO BOX 18730
ROCHESTER, NY 14618

FEMINISTS CHOOSING LIFE OF NEW YORK
WWW.FCLNY.ORG
(716) 864-1454

THANK YOU DR. RACHEL M. MACNAIR WITH THE CONSISTENT LIFE NETWORK FOR YOUR INSPIRATION!

This brochure is a guide, not a comprehensive listing of all medical services available to women in Western New York. It is provided for informational purposes only. It is not meant or intended to be an endorsement of the healthcare centers or the services provided thereunder.

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WOMEN & CHILDREN'S HEALTH SERVICES AVAILABLE AT SELECT ROCHESTER & BUFFALO SITES

PREGNANCY TESTING. Testing includes blood or urine testing for the pregnancy hormone hCG. Tests can detect pregnancy as early as 10 days after a missed period.

OB/GYN CARE. OB/GYN trained doctors provide a variety of services, including annual exams, postnatal care, pelvic exams and blood work.

BIRTH CONTROL/NATURAL FAMILY PLANNING. Birth control services may include counseling and prescriptions for birth control pills, IUDs, and implants. Natural family planning includes educational counseling on natural methods of family planning/birth control, at select locations.

PRENATAL CARE. Prenatal care includes ultrasounds and nutritional counseling throughout pregnancy as well as blood and urine tests and weight checks.

STD/HIV TESTING. STD/HIV testing may include urine samples, cheek swabs, physical exams, or discharge samples. Tests may vary. Treatment referrals provided when recommended.

CERVICAL CANCER SCREENING & BREAST EXAMS. Cervical cancer screening includes a Pap smear. This procedure collects cells from the surface of the cervix and the vagina to detect abnormalities. During a breast exam, the healthcare provider looks for lumps on your breasts and in the area under your arms. Treatment referrals provided when recommended.

MAMMOGRAMS. Mammograms include an x-ray of the chest that is used to detect and diagnose abnormal changes in the breast(s). Treatment referrals provided when recommended.

PEDIATRICS. Pediatric care includes immunizations, well-visit exams, and sick care for children under the age of 21.

FAMILY MEDICINE. Family Medicine services include primary adult care and pediatric services.

INDIVIDUAL MENTAL HEALTH COUNSELING. Mental health counseling includes individual counseling and services for depression, anxiety, post traumatic stress disorder and domestic violence victimization.

SUBSTANCE ABUSE ASSESSMENT AND REFERRAL. Substance abuse assessment services may include online questionnaires or interviews with a health professional. Treatment referrals provided when recommended.

ROCHESTER

Anthony L. Jordan Center 82 Holland Street Rochester, NY 14605 | (585) 423-2890

Woodward Center 480 Genesee Street Street Rochester, NY 14611 | (585) 436-3040

Jordan Health at CCIA 120 N. Main Street, Suite 11 Canandaigua, NY 14424 | (585) 396-0222

Jordan Health at Kennedy Tower 666 S. Plymouth Avenue Rochester, NY 14608 (585) 423-5836

Jordan Health at Glenwood Gardens 41 Kestrel Street Rochester NY 14613 | (585) 697-7105

Jordan Health at Community Place 151 Parsells Avenue Rochester, NY 14609 | (585) 784-5940

Jordan Health Link/WIC 273 Upper Falls Boulevard Rochester, NY 14609 | (585) 454-2630

Jordan at Threshold 151 Parsells Avenue Rochester, NY 14608-1162 | (585) 454-7530

Unity Family Medicine 2260 Lake Avenue Suite 1000 Rochester, NY 14612 | (585) 254-1850

Unity Ob/Gyn 89 Genesee Street Rochester, NY 14611 | (585) 235-4860

The Women's Center at Rochester General 1415 Portland Avenue Suite 400 Rochester, NY 14621 | (585) 922-4200

The Women's Health Center at Clinton Family 309 Upper Falls Blvd Rochester, NY 14605 (585) 922-0260

United Family Medicine at Orchard Street 158 Orchard Street Rochester, NY 14611 (585) 368-4500

Genesee Behavioral Health Center 224 Alexander Street Rochester, NY 14607 (585) 922-9900

Riedman Health Center 1455 East Ridge Road Rochester, NY 14621 | (585) 922-4101

Unity Family Medicine 89 Genesee Street Bishop Kearney Building 3rd Floor Rochester, NY 14611 (585) 368-3031

BUFFALO

Community Health Center of Buffalo on Benwood Avenue 34 Benwood Avenue, Buffalo, NY 14214 | (716) 986-9199

Community Health Center of Cheektowaga 934 Cleveland Drive, Cheektowaga, NY 14225 (716) 304-1056

Community Health Center of Niagara 2715 Highland Ave. Niagara Falls, NY 14305 (716) 278-4418

Community Health Center of Lockport 38 Heritage Court, Lockport, NY 14094 (716) 478-6655

Neighborhood Health Center- Blasdell 4233 Lake Avenue, Blasdell, NY 14219 (716) 332-3070

Neighborhood Health Center- Mattina 300 Niagara Street, Buffalo, NY 14201 (716) 242-8600

Neighborhood Health Center- Southerntown 151 Elmview Ave, Hamburg, NY 14075 (716) 648-4345

Neighborhood Health Center- Northwest (Erie) 155 Lawn Avenue, Buffalo, NY 14207 (716) 875-2904

Jericho Road Community Health Center 184 Barton St Buffalo, NY 14213 | (716) 881-6191