NYS DOMESTIC AND SEXUAL VIOLENCE HOTLINE

00.942.6906

HEN YOUR HOM

800.942.6906



TEXT CONFIDENTIALLY WITH A DV/SA ADVOCATE



ACCESS REMOTE COUNSELING THROUGH YOUR LOCAL DV/SA PROGRAM.



CHAT PRIVATELY WITH DV/SA ADVOCATE ON A **SECURE WEBSITE**

ALL AVAILABLE 24 HOURS/DAY, 7 DAYS/WEEK

FOR YOUR SAFETY

- Call 911 if you are in immediate danger and the police will respond.
- · Seek treatment at a hospital emergency department if needed. Hospitals are open and a safe place to go for medical care.
- Add NYS resource info (above) in your cell phone under a fake contact name to avoid suspicion.
- Create a code word for friends and family that will tell them you need help.
- Know the areas in your home with a lock on the door.
- Prepare a go-bag with important documents, medication and extra clothing.
- Tell your family and friends where you will flee if you need to leave urgently.
- Talk with your children about safety so they have a sense of acceptable situations.
- · Advocates are available to help you days, evenings and weekends.

opdv.ny.gov ୬日





INFORMATION FOR QUICK REFERENCE